

# CSHCS Special Edition Update

## TRANSITION MEETING A SUCCESS!

Our first transition meeting held on Monday August 3, 2015 was a great success! There were approximately 25 people present to learn more about the transition process for 17 year olds that will become legal adults at age 18 and for 20 year olds that will be transitioning out of the CSHCS Program by age 21. Information was shared regarding:

- Communication and insurance changes that happen at age 18—Release of Information, Guardianship, Power of Attorney
- CSHCS & community supportive services that are available
- Future living and school arrangements
- The importance of a transition plan of care.
- Things that CSHCS can improve on to assist families and clients services



Families and clients left with a better understanding of what happens during transition into adulthood and preparing for transition out of the CSHCS Program. Suggestions for the future:

- Continue offering the transition meetings-very informational. The transition meeting will be offered every 6 months and letters will go out inviting clients and families that fall into these age groups in February and August 2016
- Have a parent circle/support group for parent's to talk about the safety of their young adults. The parent support group has been officially formed and will meet again in September 2015. (See contact information on opposite side of flyer)
- Have information available about what services you are entitled to in the CSHCS Program when newly signed up (for example, mileage or lodging reimbursement). This information will be communicated within our newsletter, website and Facebook.
- Continue to keep clients and families updated on services, changes and new information. This information will be communicated within our newsletter, website and Facebook.

If you are **14-20 years old** and have not had a transition plan of care (POC) completed for this year, contact Karla L. Anderson RN to schedule an appointment at **586-466-6859** or E-mail at: [karla.anderson@macombgov.org](mailto:karla.anderson@macombgov.org). Every client and family is unique in their specific needs. A transition POC will help to determine goals for clients and families in the transition phase to adulthood and transitioning out of the CSHCS Program by age 21.



## Macomb County Health Department (MCHD)



### ATTENTION, ATTENTION!!!

The Children's Special Health Care Services (CSHCS) Parent Support Group is now up and running!!! This group is for parents and caregivers of children with special health care needs to come together, share their experiences, encourage each other and gather information that will help them take care of their loved ones. Their input and feedback regarding improvements in the systems of care will be incorporated into the LHD policies and procedures process. The first meeting held on 7/28/2015, attended by 5 families. If you missed this first meeting, please be prepared for the second one which will take place in September. Date, time and place will be posted on our Face book. Please contact the Chairperson Mr. Paul Abbott at 586-322- 8612 or the Vice Chairperson Mrs. Jenn Vanderdockt at 586-634-1352 or [jennvan4@gmail.com](mailto:jennvan4@gmail.com) with your contact information. You can also contact the CSHCS group coordinator at [roseline.ambe@macombgov.org](mailto:roseline.ambe@macombgov.org) with your contact information.

#### Next Meeting Discussion Topics from Parents' Suggestions:

- Transitioning into Adulthood and Out of the Program
- Insurance Coverage
- Mileage Reimbursement

At the request of parents, Parent Support Group meetings will hold throughout the grant period.



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At our Website: [health.macombgov.org/Health-Programs-HPDC-ChildrensSpecialHealthCareServices](http://health.macombgov.org/Health-Programs-HPDC-ChildrensSpecialHealthCareServices)

State Assistance:

Family Phone Line: 1-800-359-3722 [www.michigan.gov/cshcs](http://www.michigan.gov/cshcs)

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