

# Macomb County Health Department

## CSHCS Special Edition

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Mark A. Hackel  
County Executive

**C**hildren's **S**pecial **H**ealth **C**are **S**ervices is a program within the Michigan Department of Community Health. **CSHCS** is for children and some adults (Cystic Fibrosis and Hemophilia) with special health care needs.

The MACOMB COUNTY CSHCS CLIENT/ FAMILY TRANSITION MEETING, which was held on March 23, 2015, at the South East Health Center, was very successful. We enjoyed meeting and talking with some of our clients and families.

The meeting focused on "transitioning" out of the CSHCS program and into adulthood; the meaning of "transition" to individual family needs; the vast array of resources needed to assist individual needs of the clients and families given different situations and much more.

The meeting agenda and other handouts were provided.

Clients and families stated the following was important to them for transition:

- What does my insurance cover
- How to order and refill medications
- Diagnosis
- Personal record of medical history
- Doctor names with demographics
- Who to contact for questions and guidance at CSHCS local level
- A readily available folder that contained necessary medical information

Some support services that clients and families stated that they have used and would recommend:

- Michigan Alliance Families
- ARC
- Big Brother, Big Sister
- Kiwanis
- Lions Club
- Churches

To obtain input and feedback from clients and their families, we asked the group to fill out a pre/post survey. Needs identified were:

- Support groups for clients/families with specific challenges
- Additional community resources for youth with developmental disabilities

If you are interested in attending a specific support group in the future, please email your CSHCS Representative (by last name of client) with suggested topics that would be helpful.

- Jasmine (A-G) [jasminebridgefourth@macombgov.org](mailto:jasminebridgefourth@macombgov.org)
- Denise (H-O) [denisewalkowski@macombgov.org](mailto:denisewalkowski@macombgov.org)
- Serena (P-Z) [serenarobinson@macombgov.org](mailto:serenarobinson@macombgov.org)

Thank you again to all that attended.

**Macomb County CSHCS welcomes & appreciates all suggestions to better serve all community members. Please email your comments to the individual CSHCS Representative as listed.**

Family Phone Line: 1-800-359-3722  
[www.michigan.gov/cshcs](http://www.michigan.gov/cshcs)

## Let's Talk Transition Part Two!

This article will focus on clients aged 14 to 18 and entering into the world of becoming a legal adult. There are many things that need to be considered according to the client's developmental ability. Some youth will be able make to their own decisions in their own health management, where others will need someone to advocate for them even in adulthood.

The following items are taken into consideration regarding Transition Planning:

- A Yearly Transition Plan of Care
- Community Service Needs
- Changing from Pediatric Providers to Adult Providers
- Having Adequate Health Insurance Coverage
- Independence in Signing Own Documents / Forms or Assistance Needed
- Youth and Parent/Family Needs
- Joint Goals for Successful Transition into Adulthood
- Ability to Make Independent Decisions or Assistance Needed
- Special Arrangements for Employment, College, School-to-Work Programs, Inability to Attend School or be Employed
- Explore Living Arrangements

If you would like more information about transitioning into adulthood or transitioning out of the CSHCS Program by age 21, contact:

**Karla L. Anderson R.N. at 586-466-6859**

### CSHCS Open House & Resource Fair

#### Event will include:

**Resources that assist with your child's everyday needs**

**Parent Speakers**

**Snacks & Beverages**

**Face Painting**

**Give-A-Ways**

**Gas cards for ALL families who attend!\***

\*(while supplies last)

**Mark  
Your  
Calendar**

**June 22, 2015**

**1:00 - 4:00 pm**

**Southeast Health Center**

25401 Harper Ave, St. Clair Shores, MI

RSVP by May 29, 2015 to Lisa or Jennifer at (586) 466-6800