

HEALTHY

pregnancy + baby

Where to get help for new and expecting parents.

Where do I go to find out if I am pregnant?

**Macomb County Health Department
Family Planning**

health.macombgov.org (search family planning) |
586-469-5491

Compassion Pregnancy

compassionpregnancy.org | 586-783-2229

Your doctor's office



How do I find out about doctors and insurance?

Department of Health & Human Services (DHHS)

mibridges.michigan.gov | 586-412-6100

How do I get signed up for WIC?

Women, Infants & Children (WIC)

health.macombgov.org (search WIC) | 586-469-5471



Where can I go for breastfeeding support?

**Macomb County WIC Breastfeeding
Peer Counselors**

health.macombgov.org (search WIC) | 586-469-6062

Macomb County Breastfeeding Coalition

breastfeedmacomb.weebly.com



Where can I get dental care during pregnancy?

My Community Dental Center (MCDC)

mydental.org | 877-313-6232

Macomb County Oral Health Coalition

health.macombgov.org/Health-OralHealthCoalition

** Gum disease in pregnancy is linked to premature
and low-weight babies.*



Where can I go if I have more questions?

**Macomb County Health Department
Public Health Nursing**

health.macombgov.org (search public health
nursing) | 586-469-5520

Nurse Family Partnerhip

health.macombgov.org (search nurse family
partnership) | 586-466-6975

Michigan Maternal Infant Health Program (MIHP)

michigan.gov/mihp | 517-335-8898



health.macombgov.org/Health-BabyResourceNetwork
babyresourcenetwork@macombgov.org



Baby Resource Network of Macomb is a Community Action Team working to prevent infant deaths through collaboration with community partners by providing education and resources to support healthy pregnancies and healthy babies.

Learn More:

health.macombgov.org/Health-BabyResourceNetwork

Contact Us:

babyresourcenetwork@macombgov.org

Baby Resource Network of Macomb Community Partners

American Indian Health & Family Services	aihfs.org 313-846-6030
CARE of Southeastern Michigan	careofsem.com
Community First Health Centers	communityfirsthc.org
Department of Health and Human Services	michigan.gov/mdhhs
Early On Macomb	misd.net/earlyon
Gentle Hearts LLC (MIHP)	248-327-6747
Great Start LLC (MIHP)	586-825-3029
Great Start Macomb	greatstartmacomb.org 866-4-MACOMB
Judson Center	judsoncenter.org
Macomb Children's Access Program- MCHAP	macombchap.org
Macomb Community Action- Head Start	mca.macombgov.org/MCA-CFS-HeadStart
Macomb County Community Mental Health	mccmh.net 855-996-2264
Macomb County Health Department	health.macombgov.org
My Pregnancy Coach (MIHP)	586-944-2922
Roseville Fire Department	safebaby@roseville-mi.gov
Shelby Township Fire Department	safekids@shelbytwp.org
Silverspoon Home Services (MIHP)	248-702-6040
United Health Care	uhc.com