COVID-19 & Macomb County Beaches

While Macomb County’s beautiful recreational beaches can offer many health benefits, it is also important that you follow these steps to protect yourself and others from COVID-19.

**Beach Status**
Check the status of Macomb beaches at https://health.macombgov.org/Health-Programs-EnvironmentalHealth-WaterQuality-BeachConditions

**Stay Local**
Traveling long distances to visit a park may contribute to the spread of COVID-19

**Wash your hands**
Wash your hands often with soap & water for at least 20 seconds or use hand sanitizer, especially after touching sand

**Avoid crowds**
Avoid close contact with groups of people. This includes avoiding organized sports activities and playgrounds

**Limit Contact**
While at the beach, maintain 6’ social distance to anyone outside of your household. Wear a mask in restrooms/changing areas where social distancing cannot be maintained.

**Take precautions**
Clean all items taken to the beach upon arriving at home. This includes people showering.

**Educate yourself**
Get information from trusted sources - your local health department and the CDC

**Stay home**
Stay home if you feel sick or were recently exposed to COVID-19, even if you haven’t been tested

What to do if you or a close contact have COVID-19

Stay home from the beach until you’re at least 3 days symptom free and 10 days from symptom onset. Stay home for 10 days from test date if you’ve tested positive for COVID-19 without symptoms. Stay home for the 14 day quarantine if a close contact has tested positive

Trusted sources of information on COVID-19

The Centers for Disease Control and Prevention | www.cdc.gov
State of Michigan | www.michigan.gov/coronavirus
Macomb County Health Department | health.macombgov.org
Local news stations

www.health.macombgov.org