



## Macomb County Community Mental Health: Accessing Mental Health Services

### In A Mental Health Emergency

Although we all experience crisis or distress at times, a mental health emergency is something specific. A situation may be a mental health emergency if any of these things are true:

- **A person is at immediate risk of harming him/ herself** (Such as by making threats or taking action against his/ her life, or by taking life-threatening risks without concern for what might happen to them.)
- **A person is at immediate risk of harming someone else** (Such as by making threats or taking action against the life of another, by placing another at risk of serious harm, or by taking other risks without concern for what might happen to someone else.)
- **A person is unable/ unwilling to take care of his or her basic needs** (Such as bathing, eating regularly, keeping out of danger, etc.)
- **A person shows a lack of understanding about his or her need for mental health treatment** (Such as by doing things that are clearly inappropriate or dangerous.)
- **And these actions or behaviors are the result of a mental illness, or can be reasonably thought to be the result of mental illness.**

**In a mental health emergency, you do not need to call the Access Center for prior authorization.** The hospital staff will do that for you.

### Hospitals

If you or someone else is experiencing a mental health emergency, **seek help right away**. Go to the nearest hospital with a psychiatric care unit. In Macomb County and neighboring areas, adults and children may be taken to:

#### Adults

**Henry Ford Mt. Clemens.** 215 North Ave., Mt. Clemens. 586-466-9895.

**Harbor Oaks Hospital.** 35031 Twenty-Three Mile, New Baltimore. 586-725-5777.

**The Behavioral Center of Michigan.** 4050 E. Twelve Mile, Warren. 586-261-2266.



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### **Adults (Continued)**

**Havenwyck Hospital**, 1525 University, Auburn Hills. 248-373-9200.

**Henry Ford Kingswood Hospital**, 10300 W. Eight Mile, Ferndale. 248-373-9200.

**St. John Macomb**, 11800 Twelve Mile, Warren. 586-573-5244.

**St. John Oakland**, 27351 Dequindre, Madison Hts. 248-967-7660.

**St. John Moross**, 22101 Moross, Detroit. 313-343-7000.

**St. John Providence**, 16001 W. Nine Mile, Southfield. 248-849-8816.

### **Children**

**Harbor Oaks Hospital**, 35031 Twenty-Three Mile, New Baltimore. 586-725-5777.

**Havenwyck Hospital**, 1525 University, Auburn Hills. 248-373-9200.

**Henry Ford Kingswood Hospital**, 10300 W. Eight Mile, Ferndale. 248-373-9200

**If it is not an emergency and you need help or if you have any questions: Call Macomb County Community Mental Health Access Center at: 1-855-996-2264. They are open 24 hours a day/7 days a week.**

**Crisis Counseling** Trained counselors are available by phone to provide support to callers facing any situation. Counselors provide referrals to many community resources, listen to concerns, and help find solutions. Call the Crisis Center at (you can call collect):

**800-273-TALK**

**800-442-HOPE**

**586-307-9100 V / TTY**



## **Macomb County Community Mental Health: Accessing Substance Abuse Services**

- ❖ You **must** refer yourself for drug and alcohol services. You can contact the Macomb County Community Mental Health Access Center **24 hours a day/7 days a week** to refer yourself and to get more information on programs and services available:

**1-855-996-2264**

- ❖ All Medicaid recipients who live in Macomb County can get services for substance use disorders. Youth covered by MIChild can access treatment services by contacting the Access Center. If you have other types of insurance, the Access Center can help you to find a treatment provider.
- ❖ If you are low income and/or uninsured, and in need of substance use disorder services, you may be eligible for funding if you have no other way to cover the cost of the service.
- ❖ Services covered are outpatient treatment, intensive outpatient treatment, Methadone assisted treatment and residential treatment services, including detoxification.
- ❖ For information on treatment providers, help to figure out which program may be right, or benefits available if you do not qualify for Medicaid services, call the Access Center for help.
- ❖ There is a website that has a list of providers as well as voluntary recovery groups: [www.mcosa.net](http://www.mcosa.net) or you can call: (586) 469-5278.